

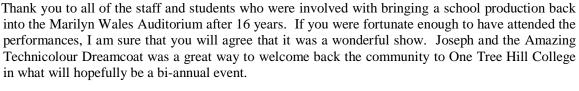
# **NEWSLETTER**

23 August 2019

#### Principal's Message

#### **Dear Parents and Caregivers**





The next three weeks are crucial for our Year 11, 12 and 13 students. With examinations commencing Friday 13 September, all students must be underway with their study programmes. Family support is critical during this period of time. I would like to ask all parents and caregivers to engage in important conversations with their children around ensuring that they are fully aware of just how important the upcoming weeks are for their future. Please ensure your child has a quiet place to study and that you are constantly keeping them focussed on their main priority – academic achievement. It is so important to remind our young people that small sacrifices now, will pay huge dividends in the future.

We are now in the final couple of weeks for our winter sports codes. I would like to highlight the outstanding student successes in a variety of sports which have occurred. With so many sports teams competing this winter, it is impossible to report on them all, but regardless of whether they are mentioned or not in this newsletter, we are very proud of every team's commitment and achievements.

In no particular order, here are some of the results of our sports teams:

- 1<sup>st</sup> XV Girls Rugby reached the semi-final of the Auckland 1<sup>st</sup> XV Girls Secondary School Rugby Competition.
- 1<sup>st</sup> XV Boys Rugby are playing in the final of the Auckland Secondary School 1B competition versus Botany Downs.
- 1<sup>st</sup> XI Girls Football won the Counties Manukau A2 Grade.
- Year 9 Netball team won the Auckland Combined Points Year 9 tournament at the Auckland Netball Centre.
- Open Grade Girls Basketball won the Auckland Central East Open Grade.
- 1<sup>st</sup> XI Girls Hockey reached the semi-final of their grade losing narrowly in a penalty goal shoot-out.
- Badminton B Open Group 2 placed third, C Open Group A placed second, C Open Group C placed second.

Tomorrow, our 1<sup>st</sup> XV Boys Rugby team will be playing against Botany Downs College as finalists in the 1B competition. The winner of the final has the opportunity to play in a promotion/relegation game in 2020 for the 1A Grade. Last night a dinner was held for the players, families, management and coaches as a thank you for their work during the season. Special guest Tana Umaga spoke with the players about the game of rugby and the importance of education outside of rugby.

Continuing with sports, I am proud to announce the achievements of two of our students: Hayley Christini (9HHB) and Courtney Matthews (9MHP). Hayley Christini represented New Zealand at the International Aerobics Teams Competition held in Phoenix Arizona at the end of July. Hayley

and her team won the silver medal: China winning the Gold medal and Canada winning the Bronze. Courtney Matthews attended the Auckland Secondary School Individual Swimming Championship competing in the Junior Girls section. Courtney received a silver medal for the 100 butterfly, bronze for the 100 freestyle, placed fourth in the 50m freestyle and seventh in the 100 individual medley.

A huge thank you at all the teachers who have given up time from their own family to support all the sports teams that our students are involved in. Without their support, our participation within the many different codes may not have been possible.

Best Wishes,

M Barlow Acting Principal

UPCOMING EVENTS			
23 Aug	Tanzania Quiz Night, 7pm	13-20 Sept	Senior Assessment Week
30 Aug	Kōwhai Mufti Day	23 Sept	Sports Team Photos
2-6 Sept	Winter Tournament Week	24 Sept	Pasifika Awards Evening,
6pm			
6 Sept	Teacher Only Day	27 Sept	END OF TERM 3
6 Sept	Rotary Gala Dinner	14 Oct	BEGINNING OF TERM 4

## **TEACHER ONLY DAY**

### **Friday 6 September**

There will be no school for students on Friday 6 September to allow staff to undertake professional development. This professional development will help to ensure your child continues to get the best teaching possible.

Please ensure there is adequate alternative supervision provided for your child on this day.

1<sup>st</sup> XV Boys Rugby Final Saturday 24 August at 12:30pm V Botany Downs Secondary College Orakei Domain (Grammar TEC Rugby Ground)

Playing for

1B AUCKLAND SECONDARY SCHOOLS RUGBY CHAMPIONSHIP

— EASTERN CUP

#### STUDENT TRUSTEE

Would you like the One Tree Hill College Board to have a student voice around the issues of education in your school and your community? Would you like to be that voice? Here is your opportunity!

The OTHC Board is looking for a Student Trustee to contribute to the information that forms Board decisions and policies.

Nomination forms are available from the Student Services Centre. Nominations close on Monday 2 September 2019.

#### SENIOR ASSESSMENT WEEK

As parents/caregivers of student with upcoming exams, there are a number of ways you can support your child to achieve:

- Spend time with your child to create a study plan
- Encourage them to study at times in the day when they are most motivated, such as the morning on a weekend, or early evening
- Create a quiet space at home for your child to study which has good lighting, a desk or table, and is away from distractions
- Have a conversation with your child every day about their studies ask them to share a highlight, the best thing about their bay, show an interest
- Ensure your child balances school work with their other activities (e.g. sports, cultural, TV, phone, and/or social media and activities)
- Ensure they get enough sleep at night. Studying is tiring, and combined with increased sleep requirements of teenagers, means they may need up to 12 hours each night in order to perform at their best! Good Luck.

# **Measles in Auckland schools**

The only way to protect your family is to make sure they are vaccinated or immune.

Please see your doctor now to catch up on missed vaccinations. They are FREE at your GP.

If your children are vaccinated, they won't need to stay at home if there is measles at your school.

Keep your child at home if they are sick and watch out for symptoms:

Cough Runny nose Sore red eyes Rash











If you or your children show symptoms please stay at home and call your doctor or Healthline (0800 611 116) for advice.

Measles info at: arphs.health.nz/measles